

Maggie Macaulay, MS Ed

Workshops for
Parents & Teachers

*Whole Hearted
Parenting*





Balancing Work and Family

Learn to nurture yourself and your family so that your family supports your work

Balancing Love and Discipline

Explore the concepts of firm and kind, unconditional love, and the value of more action and less talk



Becoming a More Encouraging Parent

Learn the difference between encouragement and praise; how to inspire through what you model as well as the words you use and the thoughts you think; and how encouragement creates connection

Keeping Yourself Encouraged and Encouraging Others!

Learn how to encourage yourself and those around you to achieve more in every area of life



Creating Cooperative Families

Learn to create a cooperative family and/or classroom atmosphere and what to do when there is a lack of cooperation

Creating a Cooperative Classroom

Employ your understanding of children's needs, developmental information, communication, and the four mistaken goals to create a highly connected, cooperative classroom

Enhancing Children's Self-Esteem

Learn nine powerful and positive methods for disciplining while instilling high self-esteem

Creating the Terrific Two's

Use current developmental information and the mistaken goals of power and attention to make this challenging time wonderful



Effective Parent-Child or Teacher-Student Communication

Engage in the concepts of listening, Genuine Encounter Moments (GEMs), handling children's feelings, and conflict resolution

Enjoying the Teen Years: Effective Parent-Teen Communication

How to effectively communicate with your teen, set clear boundaries, and understand what is happening with your child's developing brain

Talk so that Children Listen

We provide you with the specifics on how to talk to children so that they (and everyone!) will listen – including easy shifts in the words you use; active listening; creating empathy; and the impact of your tone of voice



Family Meetings: Their Importance and How You Make Them Fun

Keep the fun in family meetings and learn the elements of successful meetings so that they become the glue that connects everyone in your family in a supportive way

Let's Talk! Creating a Warm Environment for Family Conversations

Learn how to ask the questions and create the environment for rich family conversations and great memories the go way beyond "How was school today?"

Taking the Hassles Out of Homework

Lessen the power struggles, teach responsibility and goal setting, and demonstrate ways to encourage self-motivated children



Hitting, Biting, and Kicking! Teaching a Better Way

Identify the underlying reasons for aggressive behavior, the impact of encouragement on children's needs, and ten ways to make the shift from physical reactions to greater understanding and more empathetic communication

Ending the Power Struggles: Creating Peace at Home and in the Classroom

Learn how to recognize and disengage from a power struggle and what to do to lessen them in the future

Making Peace with Sibling Rivalry and Fighting

Learn to constructively handle and understand rivalry and fighting so that there is more peace at home and so that your children have the skills to peacefully handle conflict in all of their relationships

Parents as Peacemakers: Disciplining Peacefully, Respectfully, and Effectively

Parents really are peacebuilders, and children learn all they know about peace at home – learn how to model peace through respectful discipline



Making Team Work: Increasing Cooperation and Embracing Responsibility

Learn to inspire your children to embrace responsibility – to see cooperation and responsibility as fun and valuable rather than drudgery

Parenting as a Team

Discover the underlying causes of couple's disagreements on parenting and how to create peaceful resolution

Peaceful Conflict Resolution

From our “problem handling model” to nine ways to resolve conflict with mutual respect, this seminar will provide life skills that will influence your children and their relationships throughout their lives



The Benefits of Failing

This seminar may cause a shift in how you view success and failure and may reduce the stress in your family over grades, homework, tests, sports, and competition

More Success with Less Stress: Strategies for Single Parents

From building a support network to nurturing self-care, this workshop will provide single parents with tools to create their village

Hurry Up! We're Late! Slowing Down to Be on Time

Be on time while avoiding power struggles and increasing mindfulness

Teens: Reduce the Stress and Envision the Future

Identify the root of teen stress and twelve positive ways to guide your teen to shift their response to stress so that they experience greater serenity



Talking about Adoption

From the language of adoption to the concepts of secrecy and privacy, we will explore how to speak about adoption with others and with your children

Which seminars are a fit for you?

We have a broad range of topics available.

We are also thrilled to create a custom workshop for you!

Please check to see [which of these workshops](#) are available virtually.